

March eNews 2018

This eNews links to various documents and websites to provide online readers with further details of stories. This facility is not available in your paper format. If you would like more information about any of the news items featured here or hard copies of any reports, please contact Jeanette Threadgold, Communications and Liaison Officer on tel: **020 7274 8522**.

Our News

Are you happy to hear from us?



As part of the new EU General Data Protection Legislation, we will be contacting everyone on our mailing list to reconfirm that they are happy for us to have their contact details on our database.

Please be reassured that your contact details are kept confidential and are only used for the purpose of sending out the eNews and the occasional Healthwatch Lambeth update.

We do not share your contact details with external organisations without your prior permission.

Farewell from Jeanette



Our Communications and Liaison Officer, Jeanette, will be leaving Healthwatch Lambeth this April.

She says:

“I would like to say farewell and thank you to all the people I’ve worked with and met over the last 7 years, especially all the Lambeth residents that shared their experiences with me at outreach events.”

Out and about



We have been out and about raising awareness of Healthwatch Lambeth and gathering people’s experiences of health and care services at Carers Hub Lambeth Strategy event, Clapham Park GP Practice Lambeth Community and Volunteer Fair, Holy Trinity Social Club and the Black Prince Trust Community and Volunteer Fair.

We are keen to hear the health and care experiences of as many Lambeth residents as possible, please help us by inviting us along to your event. We need your powerful stories to drive service improvements!

Contact Communications and Liaison Officer, Jeanette Threadgold, if you have an event we can attend. Tel: **020 7274 8522** or email: jeanette.threadgold@healthwatchlambeth.org.uk

Young People

Free Health Checks for children



The Children and Young People's Health Partnership (CYPHP) and Healthwatch Lambeth are joining forces to provide parents/carers with a free interactive and practical event where they can receive resources and support for their child's (aged 0 - 15 years) **asthma, constipation, eczema, and epilepsy.**

Date: Wednesday 30 May

Time: 10.30am to 1.30pm

Venue: We are 336, 336 Brixton Road, SW9 7AA

Parents/carers can complete their child's Health Check and receive their free Health Support Pack, filled with and helpful information and resources. On top of this great resource, parents/carers can also meet the CYPHP clinical specialist nurses, who can offer practical advice and support for their child's health.

Light refreshments will be provided.

Local and national news

Working for Carers, new service for Lambeth



For further information visit the Lewisham Carers website or tel: 020 8699 8686 or email: workingforcarers@carerslewisham.org.uk

Lambeth Community Fund is now open - deadline 4 May, 2018



The Lambeth Community Fund is open for applications. Health and wellbeing grants of up to £20,000 are available for one-two years. The deadline for applications is 5pm on 4 May 2018.

Applications must address at least one of the four themes:

- **Stronger Together** - bringing together people from diverse parts of the community to celebrate what it is to be a Lambeth resident.
- **Feeling Fine** - focusing on the physical, mental and emotional wellbeing of residents of all ages and backgrounds.
- **Learning for Life** - helping residents to reach their full potential through the development of skills, knowledge and experience.
- **On the Right Track** - helping those with negative and harmful lifestyles to reconnect with their communities.

Community groups, registered charities, charitable incorporated organisations (CIOs), tenants and residents' associations (TRAs), companies limited by guarantee, social enterprises or community interest companies (CICs) with an annual income of £250,000 or less are all eligible to apply to the fund.

[Read more](#)

Get help to make a health complaint



[POhWER](#), the Independent Health Complaints Advocacy Service can help you make a complaint about a National Health Service (NHS). The service is a free and confidential.

Anyone can ask for professional advocacy support with an NHS complaint. They will:

- give you an opportunity to speak confidentially to someone who is independent of the NHS
- give you information about the different ways that you can raise your concerns
- help you to think about what you would like to achieve from your complaint.

People want different outcomes when they complain such as an apology, an explanation or an improvement to NHS services. They have interpreters if English is not a first language.

Contact PohWER on tel no **0203 553 5960**/email: **LondonIHCAS@pohwer.net**
or write to: POhWER Hertlands House Primett Road Stevenage Hertfordshire SG1 3EE

KAOS: King's new project to improve care for adolescents in adult wards



KAOS (King's Adolescent Outreach Service) is a new, unique project to improve the care of adolescents in King's College hospital. The aim of the project is to identify and support adolescents aged 16-19 years who have been admitted to adult inpatient wards.

Dr Simon Chapman says:

“Paediatric services typically go up to the age of 16; after this, patients move on to adult services. From the work we've conducted over the last two years, we know that ten to twelve young people are on adult wards at Denmark Hill at any one time. As there are so few of them and they are scattered across the hospital, they can become invisible, but their needs are very specific.”

Read more on the [Children and Young People's Health Partnership website](#)

Photo: KAOS core members: King's College Hospital Doctors, Dr Hannah Baynes and Dr Simon Chapman and Barney Dunn, Youth Worker, [Redthread](#)

Care Quality Commission (CQC) mental health reports



Annual report on the Mental Health Act has been published. The report looks at how mental health service providers are caring for patients and whether patient's rights are protected.

[Read the report](#)



Findings on the independent review of the system of services that support children and young people's mental health.

They found that many children and young people experiencing mental health problems don't get the kind of care they deserve. The system is complicated, with no easy or clear way to get help or support.

[Read the Review](#)

Changes to proof of exemption from NHS charges



Changes to proof of exemption from NHS charges Plastic cards as proof of exemption from NHS charges are being phased out and replaced with paper certificates (and in the future, digital certificates). Tax Credit Exemption Certificates are the first to be replaced, with changes starting this month.

[Read more](#)

Health and care: no stupid questions



If you could ask any question about health care, what would it be?

The King's Fund, an independent charity working to improve health and care in England, are on hand to answer them. Their [Information and Knowledge Services](#) team have been responding to health policy questions for years as part of its [enquiry service](#).

[Ask a question](#)

PMLD LINK



[Click here](#) for a journal for everyone supporting people with profound and multiple learning disabilities

Two ways to have your say



Does your identity affect your mental health and wellbeing?

The Greater London Authority (GLA) and Thrive LDN are inviting Londoner from all walks of life to share their stories of the discrimination they face due to their identity and how this affects their mental health and wellbeing.

[Have your say](#)



NHS consultation on personal health budgets

NHS England is seeking feedback about people's experiences of personal health budgets in England. A personal health budget is money allocated to support the identified healthcare and wellbeing needs of an individual, which is planned and agreed between the individual, or their representative, and the local clinical commissioning group (CCG).

Running until 30 April 2018, this survey is open to anyone who currently holds a personal health budget or integrated personal budget, or has done in the past. The findings will be used to improve how personal health budgets are offered in England.

Deadline Monday 30 April 2018

[Have your say](#)



Recent Care Quality Commission Inspection Reports

Mountearl Residential Home, Streatham

Type of service: Residential Home

Rated: Good

[Report](#)

Hayne Dental Ltd, Thurlow Park Road

Type of service: Dentist

Focussed inspection

[Report](#)

Dr Mortons Ltd

Type of service: Medical helpline

Focussed inspection

[Report](#)

Events



CRAFTY TUESDAYS
FREE COMMUNITY CRAFT AND SOCIAL PROJECT

STARTING
Tues 27th
March '18

Every Tuesday 1 - 3pm

The Pavilion Medical Centre,
9 Brighton Terrace, Brixton, SW9 8DJ

Want to get out and about more and be part of your community? Fancy meeting new people and trying something new?

Come and try a range of crafts at the Pavilion Medical Centre on Tuesdays from 1-3pm.

INTERESTED?
Email Kim at thespacecraft@hotmail.com
or call/text: 07950 935 007
We look forward to seeing you.

Logos: Spacecraft, The London Community Foundation, The London Community Foundation, The London Community Foundation, The London Community Foundation



New free weekly singing group - open to all!
Beginners welcome

Longfield Voices

Starts Thursday 26 April 2018
10am to 11.30am

Singing makes you feel healthier and happier!
Improve your posture and breathing
Meet some new people – there's time for a cup of tea
We'll be exploring a wide range of songs and focusing on the themes "home" and "belonging"

NATIONAL LOTTERY FUNDED

LONGFIELD HALL
WHERE CREATIVITY AND COMMUNITY MEET

Email Elspeth eppiejennings@hotmail.co.uk
Call Catherine at Longfield Hall 020 79789153
Or just drop in

Longfield Hall
www.longfieldhall.org.uk
50 Knatchbull Road, London, SE5 9QY

Registered Charity No. 1133679 Company Ltd. By Guarantee no. 01630896

Tuesday 17 April, 9.30am to 4pm

Living with and beyond prostate cancer- a masterclass for primary care clinicians

Jury's Inn Croydon, Wellesley Road, Croydon CR0 9XY

Free event focuses on living with and beyond Prostate Cancer. Topics such as the Men at Risk programme, new pathways of follow up - primary care led follow up, patient experiences, consequences of treatment, and holistic care planning in primary care follow-up will be covered during the day.

Speakers include:

- Peter Acher, Urologist, Southend University Hospital
- Dr Alison Tree, Consultant Clinical Oncologist, Royal Marsden Hospital
- Sarita Yaganti, Cancer Strategy Implementation Lead Transforming Cancer Services Team for London.

Places are limited. Book via this [link](#)

For further information tel: (Text Direct) 1800 2 07985411906 or email hpeducation@prostatecanceruk.org

Tuesday 17 April, 5.30pm to 7.30pm (Registration 5pm)

The Southwark & Lambeth Strategic Partnership and the Mind & Body Programme are hosting an open People's Assembly meeting.

Robens Suite, 29th Floor, Tower Wing, Guy's Hospital, Great Maze Pond, SE1 9RT

Go along and hear about Southwark and Lambeth Strategic Partnership priorities for 2018/19. You can also learn about the Mind and Body Programme and help them shape the work they are doing to better integrate mental and physical health care.

Your input will influence future priorities and help them develop future engagement activities. Refreshments will be provided.

Book your place via [Eventbrite](#)

Tuesday 24 April, 2pm to 7pm

The Autism in Black, Asian and Minority Ethnic (BAME) Community symposium 2018

London Southbank University Campus, 103 Borough Road, SE1 0AA.

The symposium organised by Autism Voice United Kingdom in partnership with the Participatory Autism Research Collectives and the London Southbank University Critical Autism/Disabilities Research Group.

The symposium is aimed at key stakeholders in autism services and support and will renew commitment for raising awareness about autism, assess progress, identify gaps, address new and emerging autism challenges in the BAME community.

Registration is free. For further information email: autismvoice1@gmail.com

Friday 11 May, 1pm to 3pm

First Aid Training for Carers

1st Floor DASL training Room, 336 Brixton Road, SW9 7AA

Carers Hub Lambeth are offering carers the chance to learn some basic first aid skills. The course is run by British Red Cross trainers and they will be on hand to answer any of your questions.

Places are limited, so please get in touch asap to avoid disappointment.

Contact Carers Hub Lambeth on tel no: **020 7501 8971** or email: connect@carershuh.org.uk to book your place.