



P R E S E N T S

YOUR NUTRITIONAL HEALTH INVESTMENTS

With

Dr. Vivian Ibekwe

Doctor of Preventive Medicine & Nutritional Health

📅 Thursday, April 16th | 🕒 1:00pm - 3:00pm

📍 AT Beacon Project, SW9 Learning Centre, 153 Stockwell Road, London SW9 9FX

Learn, Share & Discover



Bring along your:

- ✓ IDEAS
- ✓ QUESTIONS
- ✓ FOOD MYTHS & BELIEFS
- ✓ CULTURAL FOOD PRACTICES
- ✓ PREFERENCES AND DAY-TO-DAY CHOICES

Together, We'll Explore How Your Nutrition Habits May Be Influencing Your Health And How To Make Meaningful, Lifelong Investments In Your Wellbeing.

Open to All: You're warmly encouraged to bring a friend!

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