



Rainbow call companions

Our rainbow call companions offer friendship to older people who live alone.



“It’s definitely better that he’s gay as he understands me. It’s like we’re speaking the same language.”

rainbow call companions older person.

Are you gay, lesbian, bisexual, transgender, or otherwise a member of the LGBT+ community and over the age of 75?

Have you found your social circles dwindling?

You are not alone.

As you get older it’s not unusual to spend more time on your own, particularly if you’ve lost loved ones or your health isn’t what it used to be.

Bringing generations together

At Re-engage, we offer a free telephone befriending service specifically for LGBT+ people over the age of 75. You will be matched with a volunteer who is also LGBT+ and receive a friendly call every week or two. Our friendly rainbow call companions love a good chat and they're great listeners too. What's great is that the same volunteer phones you every time, so you can get to know each other and share stories and laughter – for as long as you both want.

“It was great speaking to another gay man. We were both speaking the same language”

rainbow call companions older person

“There were no silences at all. As you would expect from two gay men!”

rainbow call companions volunteer

“I am so much looking forward to making friends with an older person of the LGBT+ community. I am sure we will have much to tell! Even though I am a lesbian I never felt part of the "LGBT+ community", so talking about that could be a start!”

rainbow call companions volunteer

You can apply for your own rainbow call companion over the phone or online. Or your friends, family, or healthcare workers can refer you via our website. This is a free service available all over the UK.

Call our freephone number: 0800 716 543
email: info@reengage.org.uk
or visit our website: www.reengage.org.uk

Re-engage is a registered charity in England and Wales (1146149)
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